
Joanna Momont

Strengths Insight Guide

SURVEY COMPLETION DATE: 02-04-2016



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Joanna Momont

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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Your Top 5 Themes

1. Connectedness
2. Empathy
3. Activator
4. Developer
5. Relator

Connectedness

SHARED THEME DESCRIPTION

People who are especially talented in the Connectedness theme have faith in the links between all things. They believe there are few coincidences and that almost every event has a reason.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you desire to dictate the circumstances of your existence. You refuse to be a victim. You aim to leave your mark on the world. Although you want to be in charge of everything, you realize this is unrealistic. Why? You sense you are somehow linked to every human being on the planet. Whatever you choose to do or not do affects them. Their choices eventually affect you. You walk a tightrope between needing to manage every part of your life and knowing this is impossible. Chances are good that you have no doubts about being linked in some way with everything in the universe. This includes all creation and all humankind. It's very likely that you consider people more important than things. The value you place on humankind guides your decision-making. It also influences what you say and do as well as what you choose not to say and do. By nature, you are determined to know a lot about the individuals you identify as seekers of truth. You are attracted to people who ponder weighty philosophical questions such as "What is the meaning of life?" or "What is beauty?" or "What constitutes wisdom?" or "Why do bad things happen to good people?" or "Why should ordinary people like me even ask these kinds of questions?" Driven by your talents, you often experience an unexplainable and spontaneous bond between yourself and others. This is a natural occurrence with individuals whose talents, limitations, interests, goals, needs, or fears are apparent to you.

Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

Empathy

SHARED THEME DESCRIPTION

People who are especially talented in the Empathy theme can sense the feelings of other people by imagining themselves in others' lives or others' situations.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you automatically detect who does and does not want to be your friend. You likely place a high premium on being liked. Your feelings are bruised when someone openly dislikes or rejects you. Instinctively, you spontaneously tune in to the emotions and needs of individuals. Your intuitive insights tell you when a person needs to be cheered up, offered support, or given approval. This special gift of yours helps people grow personally and professionally. It also frees them to feel good about themselves and what they can do. Because of your strengths, you are filled with awe by beauty in the world, in people, and in the cosmos. Whether you gaze upon nature's wonders or marvel at the work of human hands, you are filled with wonder. You can suddenly stop what you are doing to watch a sunset, listen to the rustle of leaves, stand before a work of art, hear a piece of music, look through a telescope, or hold a newborn child. You experience beauty at a level many people cannot imagine. Once the moment has passed, you can still picture the scene or hear the sound in your memory. Driven by your talents, you push yourself to meet high standards and reach important goals. Your feelings of success or failure likely hinge on the way others judge your results. Your keen awareness of people's moods motivates you to work even harder. You want to please them. You want to earn their approval. You often just want to make them happy. It's very likely that you are comfortable shedding tears at movies, weddings, funerals, or awards ceremonies. Your eyes can fill with tears when you are reading books, listening to speakers, or watching poignant — that is, emotionally touching and moving — news reports.

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Activator

SHARED THEME DESCRIPTION

People who are especially talented in the Activator theme can make things happen by turning thoughts into action. They are often impatient.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you are very decisive about implementing upgrades or making enhancements. You probably realize that great ideas without action are totally meaningless. You occasionally become frustrated with individuals who lack the gumption — that is, boldness — to transform their original thoughts into tangible results. By nature, you have a gift for raising a person's self-esteem. You notice something special he or she said. Then you formally or informally acknowledge the individual's most interesting ideas. It's very likely that you traditionally determine for yourself and others what should be done. After you have made up your mind, you typically waste little time moving forward with projects or assignments. Instinctively, you generate enthusiasm so people become as eager as you are to transform an idea into something tangible. You are energized, not paralyzed, by opportunities and possibilities. Driven by your talents, you characteristically let events unfold on their own terms without attempting to shape every outcome. This explains why you can play various games without paying much attention to the score.

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Developer

SHARED THEME DESCRIPTION

People who are especially talented in the Developer theme recognize and cultivate the potential in others. They spot the signs of each small improvement and derive satisfaction from these improvements.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you enjoy counseling friends when they turn to you for help, suggestions, opinions, or fresh perspectives. Usually you make discoveries and gain new insights each time you freely share your ideas, experiences, or feelings with your companions. Because of your strengths, you support the people around you by acknowledging their outstanding accomplishments and stellar performances. Chances are good that you place more importance on the purpose and value of what you do than on the monetary rewards that accompany success. By nature, you repeatedly go out of your way to support, inspire, motivate, or embolden various individuals. You likely regard this task as worthy of your effort and time. Driven by your talents, you naturally sense the good qualities people possess. Consistently you find something to like in most of the individuals you meet. You keep reminding others of the reasons why you think a person is so special. In the process, you probably boost the self-esteem and confidence of newcomers.

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Relator

SHARED THEME DESCRIPTION

People who are especially talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

It's very likely that you are frequently sought out by people whom you have gotten to know on a personal basis. They come back to you again and again because they trust your judgment. Many of them realize you tailor your words of wisdom to fit their unique needs, strengths, limitations, goals, or personalities. Because of your strengths, you traditionally do your best training after you become well-acquainted with someone. You want to discover each individual's unique work style, goals, motivations, interests, or talents. These insights probably tell you what suggestions to make or what tips to offer during coaching sessions. By nature, you are determined to share your knowledge and skills with people you coach, mentor, or train. Chances are good that you bond with and work well with people who tell you what they want to accomplish in life. Instinctively, you are occasionally willing to be vulnerable. Perhaps you claim your talents or admit your weaknesses. Your openness may help some people know you better as a person. Your straightforward style may convince others you are honest, dependable, and reliable.

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